

REFUSING TO GO IT ALONE

EXODUS 17 – ERIC SIMPSON – AUGUST 19, 2018



Exodus 17:8-13

⁸ *The Amalekites came and attacked the Israelites at Rephidim.* ⁹ *Moses said to Joshua, "Choose some of our men and go out to fight the Amalekites. Tomorrow I will stand on top of the hill with the staff of God in my hands."* ¹⁰ *So Joshua fought the Amalekites as Moses had ordered, and Moses, Aaron and Hur went to the top of the hill.* ¹¹ *As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning.* ¹² *When Moses' hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up—one on one side, one on the other—so that his hands remained steady till sunset.* ¹³ *So Joshua overcame the Amalekite army with the sword.*

Aaron = Moses' 83-year-old brother

Hur = Moses' brother-in-law, married to Moses' sister, Miriam

➤ **Every person we lock eyes with is going through some great battle.**

➤ **We will grow weary in the battle.**

"I'm exhausted from pushing. Pushing, pushing, always pushing. This pushing is such a way of life for me. I barely know how to live otherwise. I'm always working on something. Trying to make life better for me or for someone else. It feels like I heave myself at life. Always looking for some way to improve things...I'm frayed like an old rope...and I'm pretty sure there isn't a verse that goes, *'He leadeth me to utter exhaustion, he runneth me ragged.'*"

– John Eldredge

I know I'm struggling with weariness when...

- Easily irritated
- Easily discouraged
- Mindless TV watching
- Lose myself in social media, YouTube, news, etc
- Withdrawal from people, even those that are life-giving
- Falling asleep during prayer & Scripture reading
- Searching for something on the calendar "to look forward to"
- Daydreaming about getting back in bed when I just got out of bed

➤ **God will use the strength of those around us to sustain us.**