

Psalm 46:10, "God says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Ps 90:16-17... Let your work be shown to your servants and your glorious power to their children. Let the favor of the Lord our God be upon us and establish the work of our hands upon us; yes, establish the work of our hands!"



7 Promises of Psalm 46

1. Begin with GOD
2. God is our refuge.
3. God is our strength.
4. God lets Himself be found.
5. God's divine presence is a resource to bring peace.
6. God can be found no matter how bad it is.
7. God is always present.

7 Reminders on how we create to bring healing and hope:

1. Prayerfully
2. Know yourself
3. In community
4. Holistically
5. Creatively
6. With gratitude
7. As a learner

