

1 John 2:6

Whoever claims to live in him must walk as Jesus did.

"Jesus reveals God's *image* to humanity (this is who God is) and God's *intention* for humanity (this is what a human connected to and empowered by God looks like)." – Chad Bohi

➤ Tracing Jesus' prayer life...

At his baptism

Luke 3:21-22

21 When all the people were being baptized, Jesus was baptized too. And as he was praying, heaven was opened 22 and the Holy Spirit descended on him in bodily form like a dove. And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased."

- You must be in a conversation to receive a word of affirmation.

Early in the morning

Mark 1:35

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

- Previous night, Jesus was up late healing the sick and ministering to people.

Often

Luke 5:16

But Jesus often withdrew to lonely places and prayed.

- He's withdrawing for refuge in the Father, not for R&R.

Daily rhythm – The Lord's prayer

Matthew 6:9-11

9 "This, then, is how you should pray: " 'Our Father in heaven, hallowed be your name, 10 your kingdom come, your will be done on earth as it is in heaven. 11 Give us today our daily bread..."

At night

Matthew 14:23

After he had dismissed them, he went up on a mountainside by himself to pray. When evening came, he was there alone

Before big decisions

Luke 6:12-13

12 One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. 13 When morning came, he called his disciples to him and chose twelve of them, whom he also designated apostles:

At the tomb of Lazarus

John 11:41-42

41 So they took away the stone. Then Jesus looked up and said, "Father, I thank you that you have heard me. 42 I knew that you always hear me, but I said this for the benefit of the people standing here, that they may believe that you sent me."

For Peter's struggling faith

Luke 22:31-32

31 "Simon, Simon, Satan has asked to sift you as wheat. 32 But I have prayed for you, Simon, that your faith may not fail.

At the last supper

John 17:1,4

1 After Jesus said this, he looked toward heaven and prayed: "Father, the time has come...

4 I have brought you glory on earth by completing the work you gave me to do.

In the garden

Matthew 26:36

Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray."

From the cross

Luke 23:34

Jesus said, "Father, forgive them, for they do not know what they are doing."

His on-going, eternal occupation

Hebrews 7:24-25

24 but because Jesus lives forever, he has a permanent priesthood. 25 Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them.

➤ The fuel for that kind of life

Romans 8:26

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.

Starting point = "I don't know how to pray like Jesus, Holy Spirit help me, teach me to pray."

➤ A prayer that God is guaranteed to answer

Luke 11:1

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray..."

Next steps...

- **PAUSE app** – one minute, three minute, five minute prayer exercises
- **Psalm 1, 23, 42, 63, 65, 84, 93**
- **Prayer week** – prayer room, evening prayer gatherings, www.eaglechurch.com/prayer
- **Start right where you are and turn the dial up one degree**

"I gave myself to assiduous meditation on the scripture and prayer, characterized by frequent visits with the Savior." – John Owen
(1616-1683)

- Puritan pastor, theologian, writer
- Buried 10 of his 11 children (most lost to illness/disease)
- Buried his wife

